

**Parent/Caregiver’s Guide to Self-Injury**: **Understanding and helping your child**

When: Every Monday for 6 weeks
Starting: October 20th
Time: 5:30PM-7:00PM
Cost: Free!

Location: Act 2 Child & Family Services
2nd Floor-1034 Austin Avenue
Coquitlam, BC V3K 3P3

Registration is required as space is limited

info@act2.ca or 604-937-7776

\*\*Individuals involved with MCFD or CYMH will be given priority\*\*